

E010 Grand Legend — Journal Pages

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Episode: E010 — Grand Legend

Type: Printable journal prompts

Brewmaster Journal

Prompt 1

Who first showed you what unconditional love looked like, not by telling you, but by living it?

[Space for writing]

Prompt 2

What ordinary moments with that person do you now treasure more than any grand occasion?

[Space for writing]

Prompt 3

If you could pour them one more cup of tea, what would you want them to know?

[Space for writing]

Prompt 4

In what ways are you already passing their lessons forward, perhaps without even realising it?

[Space for writing]

Prompt 5

What does "simply showing up" look like in your life today? For whom are you choosing to be present?

[Space for writing]

Bonus: The Grand Legend Letter

Write to the person who shaped you through quiet, consistent presence:

Dear _____,

What I want you to know is...

[Space for writing]

What you taught me without saying a word was...

[Space for writing]

The way I carry you forward today is...

[Space for writing]

Airtable Table: Assets
Asset Type: Journal Pages
Linked Episode: E010
Status: Complete