

E001 Welcome Home — Letter Before You Leave

E001 Letter Before You Leave

Episode: Welcome Home
From: The Brewmaster’s desk

 The Letter

Dear Friend,

Welcome home.

You do not have to arrive with everything figured out. You can come with questions, hurt, hope, doubts, your story, and your need for a place to breathe.

There is room for you at this table.

Today does not have to be perfect to matter. One cup can become a pause. A pause can become a breath. A breath can become a thought. A thought can become a choice. A choice can become an action.

Take the next emotional action that is yours to take. Let it be enough for today.

There is hope for every situation, and you did not get here by mistake.

Keep creating HOPE.

Keep brewing.

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