

E014 Why CHIA-TEA Had to Exist — Discussion Questions

E014 Discussion Questions

Episode: E014 — Why CHIA-TEA Had to Exist

For: Tea Sippers community, group study, workshop use

Opening Questions

1. What was your "Google search" moment: an ordinary question or action that quietly changed your direction?
2. What does "the whole pot" mean to you? Do you tend to think of hope as scarce or abundant?

Core Discussion

3. Karen says "I believed I was building resources for other people. Only later did I understand I was quietly building my own toolbox." Where might this be true in your own life?
4. "Being understood is often the first step toward healing." When did someone's "I've been there too" change something for you?
5. "The podcast is only the pot. The Estate is where the tea is brewed." What's the difference between a surface offering and deep work? How does this apply to what you're building?
6. Karen's four apps each came from a specific painful season. What tools have your hard seasons built in you?

Deeper Reflection

7. What would it mean to measure your life's work by whether one person felt less alone?
8. What hope have you been carrying in your pocket that might be ready to become a full pour?

Closing

9. What is one "I've been there too" you could offer someone this week?
 10. If you were writing your own origin story, what would the first ordinary moment be?
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Airtable Table: Assets

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