

E015 Why Belonging Really Matters — Journal Pages

E015 Journal Pages

Episode: E015 — Why Belonging Really Matters

Type: Printable journal prompts

Prompt 1

What are you carrying right now that you haven't let anyone else see?

[Space for writing]

Prompt 2

Who have you been keeping outside the door? Why?

[Space for writing]

Prompt 3

Is there a community you never wanted to join that has become where you feel most understood?

[Space for writing]

Prompt 4

When was the last time you allowed yourself to fall into someone's arms instead of standing strong?

[Space for writing]

Prompt 5

If CHIA-TEA's door was open for you right now, what would you do first? Rest? Cry? Talk? Simply sit?

[Space for writing]

Airtable Table: Assets

Asset Type: Journal Pages

Linked Episode: E015

Status: Complete

