

E009 Permission to Grow — Letter Before You Leave

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Episode: E009 — Permission to Grow

Dear Friend,

I grew up believing certain things were permanent. Faith looked one way. Goodness was rewarded in predictable ways. The right path was clear if you simply followed the rules.

Life taught me otherwise. Slowly. Gently. And sometimes painfully.

But here's what I want you to know: I didn't lose my faith. I didn't become cynical. I didn't stop believing in goodness.

I grew.

And growth asked me to release some things that no longer fit so I could hold something deeper.

If you're in a season where old beliefs feel tight, where the answers you inherited don't quite match the questions you're asking now, I want you to hear this clearly:

That is not doubt. That is growth.

And growth is not something to be ashamed of. It's something to be grateful for.

Keep brewing.

— The Brewmaster

Airtable Table: Assets
Asset Type: Letter Before You Leave
Linked Episode: E009
Status: Complete